

Recommended Educational Websites for Type 1 Diabetes.

American Diabetes Association (ADA) – www.diabetes.org

The ADA sets the standard for guidelines to manage diabetes. This site provides information on different types of diabetes — pre-diabetes, type 2 diabetes, gestational diabetes, and type 1 diabetes — as well as information on nutrition, recipes, and physical activity.

Beyond Type 1 – www.beyondtype1.org

This non-profit organization provides educational information on type 1 diabetes, as well as lifestyle tips on how to manage type 1 diabetes for activities such as school, travel, and pregnancy.

Children with Diabetes – www.childrenwithdiabetes.com

Children with Diabetes is an online community for kids, families, and adults with diabetes. The site provides a variety of forums, care suggestions, and information on managing diabetes at school. Questions can be submitted to a “diabetes team.”

Diatrobe – www.diatrobe.org

This website is relevant to patients with either type 1 or type 2 diabetes. Diatrobe focuses on all aspects of diabetes, including technological advances, social repercussions, economic aspects, and findings from clinical trials.

Joslin Diabetes Center – www.joslin.org

Joslin is an independent, nonprofit institution, academically affiliated with Harvard Medical School, and is recognized worldwide for driving innovative solutions in diabetes prevention, research, education, and care.

Juvenile Diabetes Research Foundation (JDRF) – www.jdrf.org

The JDRF is a global organization dedicated to research for type 1 diabetes. The site provides educational information and updates on the latest research for treating type 1 diabetes that may someday help to find a cure.

T1D Exchange – www.t1dexchange.org

A national database that connects patients, caregivers, clinicians, and researchers with the latest updates in science for type 1 diabetes.